



## **Garioch Community Kitchen**

### **Volunteer support for Cookery Classes**

#### **Overall Role / Task**

- Volunteer required to support the class facilitator (*No experience required and training will be provided*)

#### **Scope of role**

- 1) Assist the class facilitator with preparations prior to class starting.
- 2) Monitor, assist and support the class with their cooking, as required.
- 3) Assist with the tidying up and helping the class facilitator to clean and pack everything away.
- 4) As this involves regulated work a PVG Disclosure is required

#### **Aim:**

To encourage the group and to learn as much as possible and be confident in the kitchen whilst promoting healthy eating

#### **Skills required:**

- Good communication skills
- Enthusiastic and friendly
- Be friendly and approachable towards people

#### **Skills developed**

- Communication
- Interpersonal
- Cooking skills

Please contact Sarah Bell if you are interested in any of our volunteering roles.

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